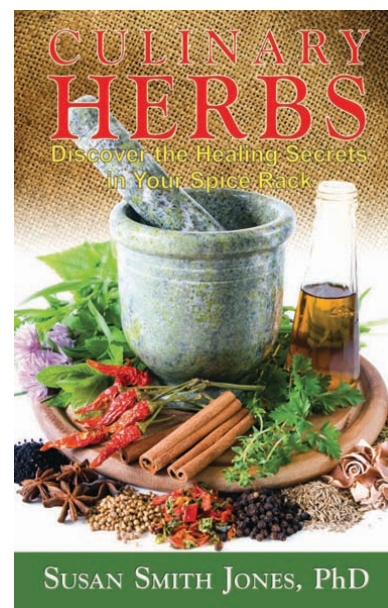
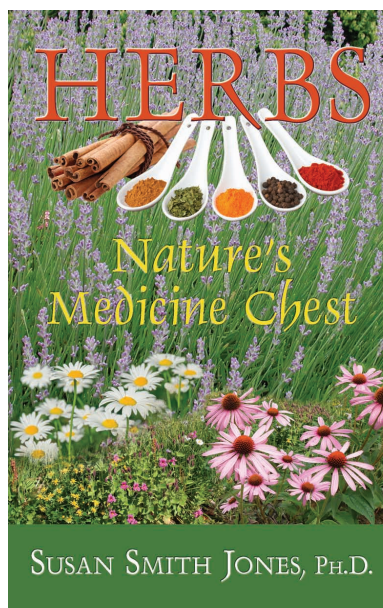


Nature's Medicine Chest Talking Points

Nature Has a Remedy for Whatever Ails You According to . . .

Susan Smith Jones, PhD, author of over 25 books, including *The Joy Factor, Walking on Air, Be Healthy~Stay Balanced, Herbs: Nature's Medicine Chest, Vegetable Soup/The Fruit Bowl, Culinary Herbs, Wired to Meditate, Conquering Colds & Allergies, Choose to Live Peacefully* and her critically-acclaimed 3-book healthy eating and blissful living set published by Hay House *Recipes for Health Bliss, Health Bliss* and *The Healing Power of NatureFoods*



Sample Questions:

1. How did you get started in healthy living? Who is your greatest mentor?
2. Have you ever taken any kind of medication? What does your medicine cabinet look like?
3. What kinds of health issues do your clients come to see you for? Give us some examples of what natural remedies you might recommend and for what conditions?
4. Do you think everyone should have a Nature's Medicine Chest in his/her home?
5. What kinds of herbs and health products should be part of this natural medicine chest?
6. What would you recommend to prevent colds and flu? Allergies?
7. What are the best natural remedies to help us sleep like a baby – every night?
8. What are your suggestions for skin problems, indigestion, arthritis, diabetes and obesity?
9. What herbs and other natural remedies do you take to look and feel so youthful and healthy?
What's in your home's herbal pantry and where do you purchase your products?
10. Your books are filled with lots of terrific healing and health information. Tell us about them and how to get copies.

Susan Smith Jones, PhD, is author of more than 1,500 magazine articles — with her photo on many covers — and has been a guest on more than 2,000 radio & TV talk shows around the world; she's always invited back. She travels internationally as an in-demand motivational speaker (lectures, seminars and keynote addresses to corporate, community and spiritual groups), a culinary instructor, a holistic lifestyle counselor and coach, and a leadership consultant for Fortune 500 companies. For 30 years, Susan taught students, staff, and faculty at UCLA how to be healthy and fit. She is the founder and president of Health Unlimited, a Los Angeles-based consulting company dedicated to the advancement of holistic health education and human potential.

To purchase copies of *Culinary Herbs: Discover the Healing Secrets in Your Spice Rack* or Susan's series of natural remedy books/CD combos, please contact:

1.800.523.9971 EST  **SusanSmithJones.com**