



Joy & the Butterfly

Gold Medal Winner — MOM'S CHOICE AWARDS

by Susan Smith Jones, PhD

"You become a magnet for blessings when you're kind to others and you look for the magic in ordinary days." ~ Excerpt

NEW BOOK for
Children & Adults

An Enchanting, Engaging Book for Children & the Young at Heart... at Any Age

A heartwarming novelette about a spirited young girl, Joy, who reminds us in all 18 chapters of the power of optimism & the importance of spreading kindness. She's a cross between Pollyanna and Anne of Green Gables.

While exploring her family's farmland with her horse, Champ, ten-year-old Joy, who recently moved to the countryside with her parents to escape the hustle and bustle of city life, rescues a caterpillar from harm. This act of kindness leads her into an extraordinary bond with a dazzling butterfly that later in the story emerges from its chrysalis. Joy embarks on delightful adventures alongside the magical butterfly, her family and friends, beloved pets, and schoolteacher, all while discovering valuable life lessons along the way.

Most importantly, Joy learns that each day presents us with a blessed opportunity to learn, grow, live more fully, and optimize our well-being and happiness — provided we pay attention to the whispers of our hearts. You'll discover that **each day comes to us bearing precious gifts and opportunities to thrive. We simply need to untie the ribbons!** What are you waiting for?

Joy & the Butterfly

introduces readers to the magic of nature and a world filled with simple pleasures and blessings everywhere.

While reading skills vary, children ages seven and up can read it independently or aloud to others; children ages five to seven can read alongside an adult, while children two to five can be read to. Those under three can look at the riveting illustrations while the adult points out images of interest and tells the story.

In other words, this book will work for the young ones who can't read yet, for children who are gifted at reading, and even for the young-at-heart — any adult who wants to be inspired by uplifting and very positive storylines. **This book is for everyone!**

At the end, to support peak learning, there are **100+ Fun Study Questions & Inquiries for Adults** (& teachers) to help engage everyone fully and learn all kinds of essential life skills.



You'll discover with Joy how to...

- ★ Adopt an attitude of gratitude
- ★ Deal with bullying in a positive way
- ★ Make chores at home lots of fun
- ★ Look to nature for important answers
- ★ Pay it forward in special ways
- ★ Appreciate the simple life
- ★ Bolster confidence & count blessings
- ★ Practice forgiveness & celebrate life
- ★ Take pleasure in school & good grades
- ★ Focus on being positive, not negative
- ★ Open up to your personal angels
- ★ Live by the Golden Rule & thrive
- ★ Optimize your energy, health & fitness
- ★ Build hope, faith & serenity
- ★ Celebrate the happy secret divulged at the end that will knock your socks off!



Get Copies of the Book

It's available on Amazon, bookstores & libraries. For more information, please visit:

SusanSmithJones.com/JoyButterfly

It makes great gifts for children/parents, teachers and anyone who wants to find the magic in ordinary days.

Ultra Premium Color copies are available *only* on the LINK above!

Susan Smith Jones, PhD

Holistic health & lifestyle consultant, frequent talk show guest on radio/TV and podcasts & author of many books on healthy living, such as **WONDERFUL WELLNESS**, **UPLIFTED**, **A HUG IN A MUG**, and faith-based **WIRED FOR HIGH-LEVEL WELLNESS**.

SusanSmithJones.com