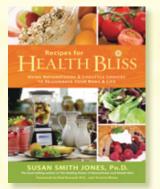
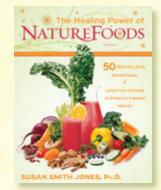
BLISSFUL LIVING

Revitalize your personal library and your appetite with Susan Smith Jones's *Blissful Living* 3-book set, featuring her latest creation, *Recipes for Health Bliss.*







The NEW *Blissful Living* set includes *Naturefoods*, a handbook full of the latest research on Superfoods and how to easily incorporate them into your diet; *Health Bliss*, a must-have natural foods and health guide with a simple 21-day approach. Finally, Susan's latest work, *Recipes for Health Bliss*, an extraordinary full-color recipe-book with over 150 beautiful color photographs, reveals the secrets to preparing irresistible, nutrient-rich meals; trimming excess pounds; and promoting a life of vitality, happiness, and renewed self-esteem.

Purchase the *Blissful Living* set today and take charge of your life – physically, mentally, emotionally, and spiritually!

ONLY **\$35** <u>ORDER NOW</u> ONLINE OR CALL 1-800-654-5126!



Susan Smith Jones, Ph.D.

Susan Smith Jones is a nationally recognized writer, teacher, health consultant, and motivational speaker. She has authored 20 books, a variety of audio programs, hundreds of magazine articles, and is a frequent guest on radio and TV shows. Susan has made significant contributions in the fields of holistic health, fitness, anti-aging, optimum nutrition, and balanced living. She has a lifetime of experience in research and education, including 30 years of teaching health and fitness at UCLA. As an esteemed private natural-foods chef, culinary instructor, lifestyle coach, and holistic retreat leader for more than 25 years, Susan has helped thousands of people enhance their physical, mental, and spiritual well-being.

Website: www.SusanSmithJones.com

Purchase the Blissful Living set today for only \$35! This amazing discount (a savings of \$18!) is available through Hay House only. <u>BUY NOW!</u> or call 1-800-654-5126

PRAISE FOR SUSAN'S WORK

"I am a big admirer of holistic health consultant, motivational speaker and author Susan Smith Jones. Her work with *NatureFoods* and optimum nutrition is legendary. I call her the 'NatureFoods Lady' because she has been my source of inspiration and information about the wonderful world of *NatureFoods* for as



long as I can remember. After many years of reading her books and articles, I finally asked if she would like to be a Hay House author and write this healthy eating and living series for us. You'll love the new *Blissful Living* set!"

— Louise L. Hay

"A must-read for vegetarians, non-vegetarians, and anyone interested in vibrant health and great food, from an outstanding culinary instructor who writes from the heart."

- Neal Barnard, M.D., Founder and President of the *Physicians Committee for Responsible Medicine* in Washington, D.C.

Website: www.SusanSmithJones.com







