

HIGH TECH HEALTH[®]

FAR INFRARED SAUNAS



YOUR NATURAL PRESCRIPTION FOR RADIANT HEALTH

Detoxify your body and achieve radiant good health with the highest-quality, most effective, far infrared sauna available anywhere.



HIGH TECH HEALTH
INTERNATIONAL

COMBAT THE NEGATIVE EFFECTS OF TOXIC OVERLOAD



AT RISK IN A TOXIC WORLD

Our bodies have become virtual dumping grounds for hundreds of thousands of toxic compounds that invade our air, water and even the soil in which our food grows. Today more than 77,000 chemicals are in active production in this country, and more than 3,000 chemicals are in our food supply.

The EPA estimates that our bodies cannot metabolize over 20,000 of these chemicals. So what happens to them? These toxic substances are stored in fat cells throughout our bodies where they continue to accumulate. In fact, studies indicate that most of us have between 400 and 800 chemical residues stored in the fat cells of our bodies.

Together, these chemicals and heavy metals create a situation of chronic toxic overload. As these toxins build up, they can cause enzyme dysfunction and nutritional deficiencies, create hormonal imbalances, damage brain chemistry, and can even lead to cancer and other debilitating chronic illnesses.

“Clearly, detoxifying ourselves is one of the biggest personal challenges of the 21st century. The sauna that I’m now using is made by High Tech Health in Boulder, Colorado. I use my sauna nearly every day.”

DR. STEPHEN SINATRA, MD

: noted cardiologist

: author of

"The Coenzyme Q10 Phenomenon"



ARE YOU TOXIC?

Signs and symptoms that you may have chemical and/or heavy metal toxicity:

- | | | |
|--------------------------------------|---|---|
| : Systemic pain / general discomfort | : Persistent sadness / loss of interest in life | : Headaches |
| : Digestive problems | : Tremors | : Muscle and joint pain |
| : Night sweats | : Fatigue | : Nervousness / feelings of instability |
| : Cold hands and feet | : Inability to lose or gain weight | : Allergies |
| : Dark circles under the eyes | : Rashes | : Brain fog / poor concentration |
| : Chemical sensitivity | : Candida | : Low body temperature |



YOUR HEALTH SOLUTION - DETOXIFICATION WITH THE HIGH TECH HEALTH FAR INFRARED SAUNA & PROTOCOLS

Our level of toxic exposure far outstrips our body's natural elimination mechanisms. To stay healthy and strong in this chemical-ridden world, it is essential to help the body with its removal of harmful waste products.

The solution – regular, effective, whole-body detoxification. Far infrared sauna therapy boosts the body's ability to detoxify, leading to significant and lasting health benefits.

In fact, use of the High Tech Health Far Infrared Sauna is recognized worldwide by medical doctors and health practitioners as perhaps the most effective method of removing both chemical and heavy metal toxins from the body.*

* Krop, J. Chemical sensitivity after intoxication at work with solvents: response to sauna therapy. J Altern Complement Med. Spring 1998; 4(1): 77-86

☀️ HOW DOES FAR INFRARED WORK?

Far infrared is a section of the natural band of light that is not visible to the human eye, but can be felt as heat. This stimulates the body's cellular detoxification process more effectively than a traditional sauna.

The body, incapable of metabolizing and excreting all toxins it is exposed to, often times stores toxins in fat to protect the body (called lipophilic toxins).

Our body's tissues normally produce infrared energy, which is used by the body for a number of healing processes. By delivering penetrating warmth to the body, the far infrared sauna increases the body's own infrared energy levels, encouraging a rise in body temperature that boosts natural detoxification systems, much like a low-grade fever.

The High Tech Health sauna duplicates these healthy far infrared frequencies without any of the harmful near infrared frequencies.* The tissues selectively absorb these rays as the water in the cell reacts in a process called "resonant absorption." This resonant absorption occurs when the frequency of the far infrared matches the frequency of the water in the cell causing toxins to be dropped off into the blood stream and excreted in sweat, feces, and urine.

* International Commission on Non-ionizing Radiation Protection. ICNIRP Guidelines on Limits of Exposure to Incoherent Visible and Infrared Radiation. Health Physics. 2013; 105(1):74-96; See page 76 relating to IR-A and IR-B exposure

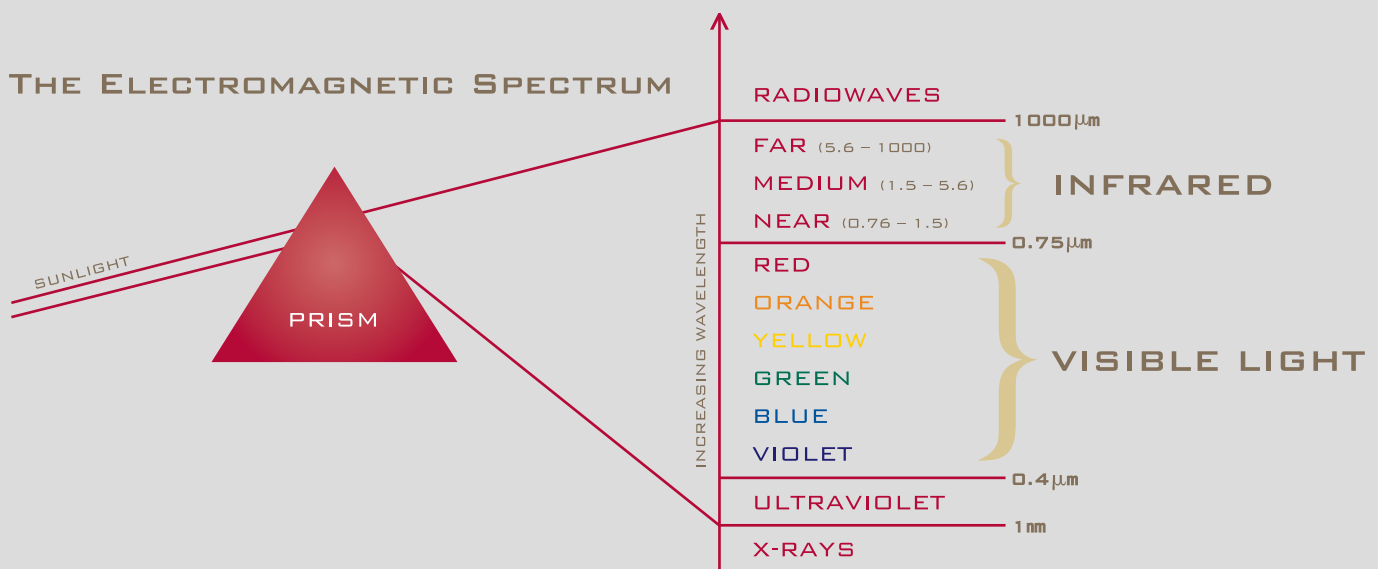
“I believe that anyone who wants to become or remain well must be detoxified so their body can more effectively excrete the many stored toxic chemicals that all humans presently contain. I personally use the High Tech Health Far Infrared Sauna at least three times a week to help keep me healthy.”

DR. DORIS RAPP, MD

: author of

"Our Toxic World: A Wake Up Call"

THE ELECTROMAGNETIC SPECTRUM



Contraindications: Hemophiliacs and pregnant or nursing women should not use the sauna. People with advanced symptomatic heart disease, unstable angina, or severe adrenal suppression should use the sauna only under close medical supervision.

DISCOVER THE EXTRAORDINARY DIFFERENCE HIGH TECH HEALTH® CAN MAKE IN YOUR HEALTH



MORE THAN DETOXIFICATION

Enhanced Immune Health †

Each far infrared sauna session causes a brief, beneficial increase in body temperature, which improves immune system health by boosting production of infection-fighting white blood cells and killer T-cells.

Improved Cardiovascular Conditioning †

Medical research shows that regular use of a far infrared sauna may be as effective for cardiovascular conditioning as exercise. As the body heats up, it cools itself by sending blood from the internal organs to the extremities and the skin, thus increasing heart rate, cardiac output and metabolic rate.

Stress Relief †

High daily stress levels put constant strain on the body's nervous system and can contribute to chronic disease. The far infrared sauna helps to reduce physical stress by boosting circulation and triggering the production of endorphins, the "feel good" hormones.

Weight & Cellulite Control * †

Toxins can play a significant role in preventing us from losing weight as well as gaining unwanted weight. Those wishing to lose weight should note that the cardiovascular effect from a single sauna session may burn as many as 600 calories. The sauna is also quite effective at dealing with cellulite when combined with massage therapy and nutrition.

Pain Relief †

By dilating blood vessels, infrared heat increases blood circulation to injured areas, speeding up the healing process and relieving pain.

“The High Tech Health poplar Far Infrared Sauna has the ability to systematically eliminate internal chemical and heavy metal toxins, including mercury. This will lower the total toxic environmental load that suppresses biological function, longevity, and ultimately, human potential.”

DR. JAKE JOHNSTON, MD



MORE THAN 4,000 DOCTORS AND HEALTH PROFESSIONALS USE AND RECOMMEND THE HIGH TECH HEALTH FAR INFRARED SAUNA FOR:

- : Combating toxic overload
- : Stimulating the immune system
- : Muscle pain
- : Heavy metal poisoning (including mercury**)
- : Brain fog
- : Persistent sadness / loss of interest in life
- : Pain relief
- : Stress management
- : Weight control and cellulite removal
- : Multiple chemical sensitivities
- : Systemic pain / general discomfort
- : Achieving good health
- : Fatigue



*Gard, Zane R., MD and Erma J. Brown, BSN, PhD. History of Sauna/Hyperthermia Past and Present Efficacy in Detoxification. Townsend Letter for Doctors, June 1992 470-478, July 1992 650-660, Oct 1992 846-854, Aug/Sept 1999 76-86. References 201-334

**Lovejoy, HB., ZG Bell, TR Vizena. Mercury exposure evaluations and their correlation with urine mercury excretion: 4. Elimination of mercury by sweating. J Occup Med. 1973; 15: 590-591

ALL HIGH TECH HEALTH SAUNAS FEATURE

HYPOALLERGENIC

As the leader in hypoallergenic saunas, we have been promoting the health benefits of far infrared sauna use since before most manufacturers came into existence. No other sauna has proven to be more hypoallergenic:

- All poplar construction - Found to be non-toxic by both researchers and the thousands of past and present High Tech Health customers, some of whom are the most chemically sensitive.
- Poplar emits none of the strong wood odors or unsaturated, aliphatic cyclic hydrocarbons (lung irritants) emitted from woods such as cedar, spruce, pine or basswood.
- No plywood, particleboard or other material known to emit formaldehyde (a carcinogen) is ever used in a High Tech Health sauna.

PATENT-PENDING BIO-RESONANCE™ HEATERS

We design our own state-of-the-art heaters so that you can have the best technology for the healthiest sauna experience. The frequency and intensity of the far infrared rays emitted by our heaters have been carefully engineered for absorption and maximum health benefit.

Lowest TOTAL EMF of any sauna heaters: Our heaters produce ultra-low magnetic fields with the lowest maximum fields of any sauna available. Not only that, but we are the only company producing heaters with ZERO electric field emissions. Competing saunas claiming lowest EMF heaters produce magnetic field hot spots with 2x to 6x higher maximum levels than High Tech Health heaters. Those same low EMF saunas emit electric fields over 2400 V/m, which is more than 24x higher than the maximum recommended exposure levels.* Our heaters do NOT use DC electricity which produces very high static fields that do not show up in standard measurements. Our heaters also have the industry's highest reliability and highest power efficiency, second to none.

FRESH AIR FAN

This High Tech Health exclusive feature maximizes oxygen and minimizes carbon dioxide in the cabin. In the enclosed space of a sauna, carbon dioxide levels do rise rapidly and it is important to keep the body in balance to maximize the body's ability to detoxify itself. Without a fan, the stuffy air in other saunas can be uncomfortable and contribute to a feeling of claustrophobia.

SIMPLE TWO-PERSON 30-MINUTE INSTALLATION

Your High Tech Health sauna is easy to install. Simply latch each wall panel to the base and to the adjoining walls. The ceiling then fits snugly on the top to create a solid, sturdy enclosure. Within just 30 minutes, installation should be complete – leaving you free to enjoy your new High Tech Health Far Infrared Sauna.



“The best way to get rid of heavy metals and pesticide residues? The Infrared Sauna. My searching led me to a very reputable company, High Tech Health. You can call for information on the infrared Sauna, the best sauna I could recommend.”

DR. SHERRY ROGERS, MD

: world renown environmental doctor
: author of the best-selling book
"Detoxify or Die"

*The National Council of Radiation Protection and Measurements (NCRP) draft report published in the July/August 1995 issue of Microwave News.

SPECIFICATIONS

TRANSCEND



1-PERSON (TR-1)

Size: 36.6" w x 37.9" d x 76.2" h

Voltage: 120V **Current:** 7.9A

Power: 950W



2-PERSON (TR-2)

Size: 47.4" w x 45.4" d x 76.2" h

Voltage: 120V **Current:** 13.5A

Power: 1620W



3-PERSON (TR-3)

Size: 67.1" w x 45.4" d x 76.2" h

Voltage: 120V **Current:** 16.0A

Power: 1920W

Note: 20A breaker and corresponding wiring required.



THERMAL LIFE



1-PERSON CLINIC MODEL (TL-1)

Size: 36¹/₄" w x 36¹/₄" d x 72" h

Voltage: 120V **Current:** 10A

Power: 1206W



2-PERSON (TL-2)

Size: 48" w x 40¹/₄" d x 72" h

Voltage: 120V (230V optional) **Current:** 13.4A

Power: 1606W



3-PERSON (TL-3)

Size: 61" w x 43³/₄" d x 72" h

Voltage: 120V (230V optional) **Current:** 15.9A

Power: 1906W

Note: 20A breaker and corresponding wiring required.



COMPARING TRANSCEND & THERMAL LIFE SAUNAS

FEATURES

TRANSCEND

THERMAL LIFE



WOOD DETAILS

Premium Refinement

- Quality Hand Finished
- Interior Corner Moldings
- Electrical connections between wall panels are totally hidden without the use of obvious covers.

First Grade Refinement

- Standard finish
- 2 Boxes inside the sauna conceal electrical connections between wall panels.



EMF

- Best-in-class Bio-resonance heaters. Lowest maximum magnetic field, ZERO electric field.
- Extended EMF mitigation includes all wiring and control surfaces

- Bio-resonance heaters: very, very low magnetic field, ZERO electric field.



AUDIO

Premium Pioneer® AM/FM/CD-Player

- Auxiliary input (connect your phone or favorite source)



Speakers Only (TL-1 has no speakers)

RCA jacks for speakers are located on top of the roof.



LIGHTING

Large 96 LED Light Panel With 12

Color Chromotherapy

- Full-size built-to-last remote control (AAA batteries)
- Dimmable
- High Efficiency
- Long Lasting



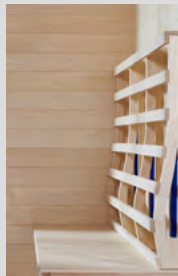
LED Bulb

- High Efficiency
- Long Lasting

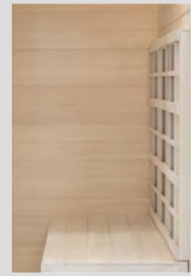


BACKREST

Built-in Ergonomic Backrest Included



(Ergonomic Backrest Add-on Available Separately)



GLASS

Gray tint, tempered

Clear, tempered

HIGH TECH HEALTH[®] FAR INFRARED SAUNA YOUR NATURAL PRESCRIPTION FOR RADIANT HEALTH

High Tech Health saunas are widely recognized by health practitioners as the most effective saunas available anywhere.

While you read, listen to music or meditate in the soothing heat of the High Tech Health Far Infrared Sauna, your body is eliminating dangerous toxic chemicals and heavy metals while boosting cardiovascular function and immune system health. Your body is burning excess calories, your skin is being deeply cleansed and you end each session feeling warm, relaxed and rejuvenated.

Your key to improved, radiant good health is just a phone call away—we're ready to discuss your unique health goals today in a free, personalized consultation. We can answer any questions you have and provide additional details when you call us toll-free at 1-800-794-5355.



OUR QUALITY PLEDGE TO YOU

High Tech Health Far Infrared Saunas are recommended by more doctors and health care practitioners than any other brand. Why? Our detoxification knowledge and experience as well as our commitment to total product quality. We use only hypoallergenic materials coupled with exclusive features such as our fresh-air intake fan and Bio-Resonance™ heaters. Our state-of-the-art heaters are specifically designed for optimal detoxification and are covered by a five-year warranty. We are dedicated to providing you the most exceptional far infrared sauna in the world – your satisfaction is guaranteed.



MONEY-BACK GUARANTEE

We are so confident in our superior quality that we guarantee your complete satisfaction. If you are not happy with your High Tech Health Far Infrared Sauna for any reason, you may return it any time within 30 days of receipt for a full refund (not including shipping), no restocking or other hidden fees.

† The statements contained herein have not been evaluated by the Food and Drug Administration. The High Tech Health sauna is not intended to diagnose, treat, cure, or prevent any disease. Your results may vary. Specifications subject to change without notice.



HIGH TECH HEALTH
INTERNATIONAL

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