

Natural Remedies – Nature's Medicine Chest

Talking Points

1. How did you get started in healthy living?
2. Have you ever taken any kind of medication?
3. What kinds of health issues do your clients come to see you for? Give us some examples of what natural remedies you might recommend and for what conditions?
4. Do you think everyone should have a Nature's Medicine Chest in his/her home?
5. What kinds of herbs and health products should be part of this natural medicine chest?
6. What would you recommend to prevent colds and flu?
7. What are the best natural remedies to help us sleep like a baby – every night?
8. What suggestions do you have for skin problems, indigestion, arthritis, diabetes, allergies and obesity?
9. What herbs and other natural remedies do you take to look and feel so youthful and healthy? What's in your home's herbal pantry and where do you purchase your products?
10. Your new book is filled with lots of terrific healing and health information. Please tell us about it.
11. Susan, how can everyone get copies of your new book?

Websites: www.SusanSmithJones.com • www.SusansRemedies.com