

Longevity Secrets That Guarantee You Many More Hot Summer Nights



Hot. Sexy. Alive. Summer brings out the best in us. It's the season we wish would go on forever. In summer everything seems possible – even the thought that we can go on forever, ageless and vibrantly healthy. If only we could bottle this glorious season so that we don't miss a single intoxicating drop!

According to **Susan Smith Jones, PhD**, we can do something almost as good as bottling youth and summer; she'll share the secrets to a long, vibrant lifespan that have been sought after for many centuries and known to so few until now.

With enthusiasm and humor, Dr. Susan will reveal:

- * How to look 10 years younger in 10 days – all the better to show off your shorts and bathing-suit-ready body.
- * Simple ways to live pain-free so you can participate in plenty of crazy summer fun activities like parasailing and climbing to the top of endless waterslides.
- * Time-tested tips to help you sleep like a baby night after summer night.
- * Details on her 30-day vibrant health program – You'll look so happy, relaxed and healthy that your coworkers and friends will be begging to know where you went on vacation!
- * 7 surefire, health-enhancing stress-busters for everyone from ages 3 to 103.

What the Media Say about Dr. Susan:

"Dr. Susan Jones ... is a walking, talking, living, breathing embodiment of what she gently preaches."

- KATZ-TV's AM AZ

"Susan Smith Jones will not only light up your life with her enthusiasm and knowledge, she will also light up your phone lines. Of the thousands of people I've interviewed, she is the most popular and the very best. She even fills in for me as host when I'm away; she's that good. You'll want to invite her back often and give her as much time as possible."

- Nick Lawrence, talk show host, WEEU, PA

AVAILABILITY: Los Angeles, CA, nationwide by arrangement and via telephone

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Dr. Susan has been a guest on over 2,000 talk shows and she's always asked back to share her wealth of knowledge

CREDENTIALS: Internationally renowned author, talk show guest and motivational speaker. The latest among her 25 popular books includes *NATUREFOODS*, *BE HEALTHY~STAY BALANCED*, *HEALTH BLISS*, and *RECIPES FOR HEALTH BLISS*. Her new release, a book & CD combo, is an instant favorite –

HERBS: NATURE'S MEDICINE CHEST

She was selected as one of 10 "Healthy American Fitness Leaders" by the President's Council on Physical Fitness & Sports, taught Health & Fitness at UCLA for 30 years, and is the founder and president of Health Unlimited, a Los Angeles-based consulting firm dedicated to using natural remedies, looking younger, and living a holistic lifestyle.

For a complete bio, visit: SusanSmithJones.com