



21-Day Agreement

by Susan Smith Jones, PhD ©

I, _____, commit that for 21 days,
starting _____, I will _____

1. _____

11. _____

2. _____

12. _____

3. _____

13. _____

4. _____

14. _____

5. _____

15. _____

6. _____

16. _____

7. _____

17. _____

8. _____

18. _____

9. _____

19. _____

10. _____

20. _____

21. _____

Sign Here

Witnessed By

© Susan Smith Jones is the author of over 35 books, including *Choose to Thrive, Be the Change, Kitchen Gardening, The Curative Kitchen & Lifestyle, Living on the Lighter Side, Wired for High-Level Wellness, Invest in Yourself with Exercise, Body Temple Vitality, Affirming God's Love* and the audio books *Choose to Live Peacefully* and *Wired to Meditate*.

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