21-Day Agreement
by Susan Smith Jones, PhD ©

I, ___________________________________________, commit that for 21 days, starting________________, I will______________________________________
______________________________________________________________

______________________________________________________________

1._________________________  11._________________________
2._________________________  12._________________________
3._________________________  13._________________________
4._________________________  14._________________________
5._________________________  15._________________________
6._________________________  16._________________________
7._________________________  17._________________________
8._________________________  18._________________________
9._________________________  19._________________________
10._________________________  20._________________________
21._________________________

__________________________  ____________________________
Sign Here              Witnessed By

© Susan Smith Jones is the author of over 35 books, including Choose to Thrive, Be the Change, Kitchen Gardening, The Curative Kitchen & Lifestyle, Living on the Lighter Side, Wired for High-Level Wellness, Invest in Yourself with Exercise, Body Temple Vitality, Affirming God’s Love and the audio books Choose to Live Peacefully and Wired to Meditate.

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